

Thassos ^{★★★★★} Grand Resort



Your Weekly Activity Program - September 2018

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00	Petanque/ Boccia	Darts	Table Tennis	Beach Badminton		Table Tennis	Darts
10:30	Fitness Class - Circuit Training	Fitness Class - Legs, Bums & Tums	Fitness Class - Aerobics Class	Latin Dance Class		Fitness Class - Ab Attack	Latin Dance Class
11:15	Yoga	Stretching	Pilates	Yoga		Pilates	Stretching
	Kids Dance Class (Age 4-12)		Kids Water Games (Age 4-12)	Kids Table Tennis (Age 4-12)		Kids Water Dance (Age 4-12)	
12:00	Volleyball	Volleyball	Volleyball	Volleyball		Volleyball	Volleyball
	Zumba	Zumba	Zumba	Zumba		Zumba	Zumba
		Kids Party in the Kids Club					Kids Party at the Beach Bar
13:00	Aqua Gym	Aqua Gym	Aqua Gym	Aqua Gym		Aqua Gym	Aqua Gym

All Activities are free of charge!



Come and join us for any activity! If you have any question please ask a member of our Team.